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*Incorporating Olympic Communicators  
Under licence from the Australian Olympic Committee*

# VOYEURHYTHMIC

## Drums - Teams - Rhythms

Background music, interactive fun or teambuilding with the music and rhythm of drums.

VoyeuRhythmic provides an innovative way to promote team building for your corporate and event needs.

African Drumming is proven and effective, and these fun filled sessions are designed to improve productivity in your workplace.

By creating a relaxed environment, which inspires group participation and synergy, African Drumming breaks down social barriers in order to allow participants to work efficiently and harmoniously together, with increased focus and reduced stress.

### **BENEFITS**

- ◆ Promoting cooperation against competition within the workplace. As an effective communication tool, drumming helps members realise their own contribution to the whole. It highlights that each team member's input, no matter how small, can make a marked difference to the success of a group.
- ◆ Encouraging personal development. Anyone can beat on a drum, giving participants a great sense of competence, which in turn enhances self-esteem.
- ◆ Building team bonds and confidence.
- ◆ Motivation will increase through sharing creativity and listening to one another. Confidence in oneself and in each other is strengthened which in return will heighten trust and mutual respect.
- ◆ Breaking down social barriers. Drumming is an effective icebreaker for bringing employees closer together and instils cooperation by removing, race, gender and age barriers.
- ◆ Celebrating group success and synergy.
- ◆ By successfully playing these rhythms together, groups develop a powerful synergy and sense of unity.
- ◆ Increasing immediate and sustained general well-being, happiness and energy levels. Drumming enables the participant to disengage from mental activity and brings participants 100 % into the present moment, which gives a great deal of relief from mental stress and allows them better focus and clarity.
- ◆ Stress Release. The physical benefits leave the body feeling invigorated but relaxed. At the same time a meditative experience is had which helps clear the mind of everyday stress and leaves the individual receptive to new ideas and challenges.

**VoyeuRhythmic provides all the equipment, the facilitators, traditional African drums, bells, and shakers.**

Formats are flexible to your needs and include workshops, breakers, background music and dinner entertainment, with your delegates providing the music or VoyeuRhythmic delivering African music.

## CLIENT FEEDBACK

*The one hour session was a new and interesting experience for the many participants, both young and old. Those involved had a great time and were pleasantly surprised by how easy it was to express themselves and make music in a relaxed group environment. I would have no hesitation recommending Simon's workshops for a range of applications"*

### **Hume City Council**

*"Simon drew out the capabilities of the group, enabling them to relax and contribute in a meaningful and fun way. He was able to draw a correlation to the musicality of the drums with the appropriate corporate issues that were important for the group to consider as a take away from the experience"*

### **Burns Bridge Business Infrastructure Solutions**

*"Simon's drumming workshop was the perfect end to our Staff Conference. I had an image in my mind of what I wanted to achieve through the session, and Simon expertly brought it to fruition. Most involved had never played drums before, but Simon created a safe and fun environment for all to participate. Within one hour, we were creating amazing music that belied our level of experience. Simon drew the parallels between drumming and the themes of the Conference - helping to bring the Conference to a close, and leaving the group on a high. I highly recommend his corporate workshops for anyone looking for a powerful group experience for their organisation or team"*

### **UnitingCare Community Options**

*"Simon and Kym were absolutely fantastic. We asked our staff for feedback on all the sessions presented on the day and the unanimous response to Voyeurhythmics was "excellent" We would highly recommend this to anybody looking for a fabulous icebreaker."*

### **Freehills**

**Recent clients include:** Transurban, TXU Australia, Uniting Care, Canteen, City of Hume , Nestle, IBM, ANZ, AMP, Dell and many more...

