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BETTINA ARNDT

Partnerships - Women's Issues - Relationships

It was sex that made Bettina Arndt famous. Having trained as a clinical psychologist, in the early 1970's she became one of Australia's first sex therapists. As editor of the sex-education magazine, Forum, she spent ten years talking about sex on television and radio. She taught doctors and other professionals and talked endlessly about this fascinating subject to audiences all over Australia and overseas.

By the 1980's she'd had enough of a good thing. She gave up sex - professionally speaking - and moved onto writing and talking about broader social issues and particularly the rapidly changing relationships between men and women. In the mid-eighties Bettina spent five years living in New York where she wrote a newspaper column syndicated through The Age in Melbourne, and added two children to her family of three.

Bettina returned to Australia in late 1991 and worked as a feature writer firstly for The Australian, and then the Sydney Morning Herald and The Age, before joining Australian Consolidated Press to write for The Bulletin and Australian Women's Weekly. Her expertise on a wide range of social issues has also lead to appointments on various government advisory committees, dealing with family law, child support, childcare, and ageing.

HER TOPICS INCLUDE:

- ◆ What women want.
- ◆ How men can save their marriages
- ◆ Why fatherhood has become a risky business
- ◆ Sperm Wars
- ◆ How sex taught me to think like a man.
- ◆ The marriage market

Her ability to speak on both light-hearted and more serious issues accounts for her continuing appeal to a wide range of diverse groups and organisations.

CLIENT FEEDBACK

"On behalf of the organisers, I would like to thank you for your wonderful contribution to our combined patient care meeting, which was particularly well received. Your address struck just the right note and I admired the way you handled a not so easy audience!"

Peninsula Endoscopy Centre Pty Ltd

"We were delighted with your presentation at our conference at the Marriott. As well as being totally professional you inspired us and made us all squirm. The women in the audience related totally to the changes you outlined in society today and our men folk no doubt felt hardly done by, and I am sure everyone in their own small way decided to improve their relationships between the sexes. Thank you so much for your contribution to the success of our Capt'n Snooze Conference. We hope to see you again in the future and will certainly recommend your services to others."

Capt'n Snooze

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Peninsula Endoscopy Centre Pty Ltd

“Shock tactics used to warm the audience up—then very, very good.”

Wilde & Woollard

“Bettina’s vibrant, funny, and no-nonsense approach had the audience in fits of laughter. It is obvious that Bettina is not only comfortable talking in front of a large audience but enjoys it at the same time. Bettina’s talk contributed immensely to the success of the day, firstly by delivering an entertaining, thought-provoking talk, and secondly by leaving the audience positive, happy and receptive to the speakers who followed her.”

Combined Rural Trades